

10 EARLY SIGNS ALZHEIMER'S VS AGING

ALZHEIMER'S



Forgetting Several Appointments or important dates.



Forgets to pay her bills and doesn't remember she forgot



Forgets how to play a favorite game.



Forgets where she is or how she got there.



Has difficulty reading, judging distance, or contrast between colors.



Repeats herself. Struggles with words. Calls items by the wrong name (e.g. calls a banana a carrot).



Puts things in unusual places (e.g. hairbrush in the dishwasher). Unable to retrace steps to find a lost item.



Spends money unwisely. Becomes Unkempt.



Loses interest in hobbies and avoids social activities.



Frequently irritable, suspicious or depressed. Becomes upset easily.

AGING



Remembering that she forgot an appointment.



Forgets to pay a bill or makes an error in her checkbook.



Need extra help remembering the rules of a new game.



Takes a minute to figure out that it's Wednesday.



Same issues but cataracts or needing new glasses is underlying cause.



Has trouble finding the right word to use or occasionally struggles to recall someone's name during a conversation.



Misplaces things but can find them by retracing her steps.



Makes a frivolous purchase. Stays in pajamas for a day.



No longer wants to fix Christmas dinner for the family every year.



Gets angry or fearful about something specific or has a "blue" day.

